



Dear Grey Eagles Friends,

Project Wingman, a joint program from AA and APA, is now available for our retirees. We think this is significant and are grateful to them for including us. Please read the letter below. Best Regards,

Dave Pakiz, President
The Grey Eagles

Project Wingman - for all pilots of American Airlines

Dear AA Pilot Retirees,

This is Capt. Cary Inderbitzin and F/O Greg Gruchot from APA/American Airlines Project Wingman. We are happy to extend this program to our retirees.

What exactly is Project Wingman? It is a joint effort by AA Flight and APA Aeromedical to support the mental and emotional well-being of American Airlines pilots and their families, be they active, on long-term disability, or retired. When challenge or difficulty or even trauma occurs, pilots and their family members can call Project Wingman for immediate support.

Since the program's inception in 2011, Project Wingman is comprised of union pilot volunteers, some of whom are now retired from flying but still actively participating. These volunteers are trained to actively listen and support, and when necessary, coordinate all available resources to provide help and resolve problems. What kinds of problems? Project Wingman can assist with all varieties of personal and professional issues to include family challenges, illnesses, depression, substance abuse and addiction, suicide, and pilots who have flown west. The work of Project Wingman volunteers is built upon the foundation of pilot-to-pilot confidentiality and the importance of privacy, respect,

and active listening.

When assistance is needed, a Project Wingman volunteer can be reached by dialing 817-823-7965. The Wingman hotline is available 24 hours a day, 365 days a year.

There is help. There is hope. You are not alone.



F/O Greg Gruchot - APA Aeromedical Deputy
Chair Project Wingman

Capt. Cary Inderbitzen - Retired
Project Wingman Volunteer - Retired Pilots
Liaison